

Integrative Approaches

Gould, L.K. et al. (1995) "Changes in Myocardial Perfusion Abnormalities by Positron Emission Tomography after Long-term, Intense Risk Factor Modification," *JAMA*; 274(11); 894-901

Ornish, D et al. (1990), "Can Lifestyle Changes reverse Coronary Heart Disease? The Lifestyle Heart Trial," *Lance*, July 21; 336; 129-33.

Ornish, D. et al. (1983) "Effects of Stress Management Training and Dietary Changes In Treating Ischemic Heart Disease," *JAMA*; 49(1); 54-59.